

a meal for 4 to 5

TOMATO BASIL soup



all natural
ingredients
net wt 4 oz
(113g)

GLUTEN FREE

Mississippi Delta

Homemade in Minutes.



Homemade in Minutes.

Mississippi Delta

TOMATO BASIL soup

30 minutes from stovetop to table

WHAT YOU NEED:

- 6 Cups chicken broth
- 1 28-oz. can crushed tomatoes
- 2 Tbsp brown sugar
- Optional: 2 cups cream (heavy or half & half)

HERE'S WHAT YOU DO:

- In a 4-quart, non-aluminum pot bring broth to a boil.
- Add Soup Mix, canned tomatoes and brown sugar.
- Return to a boil, reduce heat and cover. Simmer slowly for 20 minutes and serve. Add cream, if desired.

INVENTIVE VARIATION:

- OPTION 1: Add 1/2 lb. fresh shrimp, shelled and deveined. Simmer 2-3 minutes until shrimp turn opaque. Garnish each serving with crumbled Feta cheese.
- OPTION 2: For an Italian bread soup add 2 cups croutons or day old bread cubes, either with or without the cream. Allow to simmer 10 minutes until bread is thoroughly absorbed into soup and serve!



simply
satisfying

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Nutrition Facts

Serving Size 3 Tbsp (17g)

About 1 cup prepared

Servings Per Container about 8

Amount Per Serving

Mix Prepared

Calories 66 134

Calories from Fat 0 9

% Daily Value**

Total Fat 0g* 0% 6%

Saturated Fat 0g 0% 0%

Trans Fat 0g

Cholesterol 0mg 0% 0%

Sodium 22mg 1% 36%

Total Carb 15g 5% 8%

Dietary Fiber 1.5g 6% 12%

Sugars 1g

Protein 2g

Vitamin A 58% 63%

Vitamin C 51% 73%

Calcium 3% 7%

Iron 5% 12%

*Amount in Mix

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: RICE, DRIED TOMATOES, YELLOW PEPPERS, CARROTS, ONIONS, LEEKS, SHALLOTS, ITALIAN PARSLEY, HERBS.

NO ADDED SALT,
PRESERVATIVES OR MSG.

ALLERGEN INFORMATION

Facility not dedicated gluten free.

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