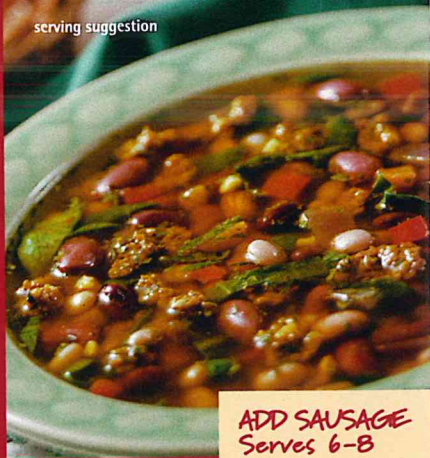


GLUTEN FREE

serving suggestion



ADD SAUSAGE
Serves 6-8

vermont farmhouse

apple sausage & bean soup

mix™

Add diced apples
for seasonal freshness

NET WT 15 OZ (425g)

YOU WILL ALSO NEED.

VT

8 C. Chicken Broth, 2 T. Olive Oil,
12 oz. Chicken Apple or other Specialty Sausage,
1 Large Apple, 3-4 oz. Fresh Baby Spinach
COOKING TIME ABOUT 2.5 HOURS

Nutrition Facts

Serving Size 1 3/4 tbsp (29g)
About 1 cup prepared
Servings Per Container about 14

Amount per Serving	Mix	Prepared
Calories	50	140
Calories from Fat	0	50

% Daily Value

Total Fat 0g*	0%	9%
Saturated Fat 0g	0%	7%
Trans Fat 0g		
Cholesterol 0mg	0%	7%
Sodium 15mg	1%	28%
Total Carb 17g	6%	6%
Dietary Fiber 10g	41%	45%
Sugars 1g		
Protein 6g		
Vitamin A	4%	10%
Vitamin C	25%	25%
Calcium	4%	8%
Iron	10%	15%

*Amount in Mix. Percent daily Values are based on a 2,000 calorie diet.

INGREDIENTS:
CRANBERRY, NAVY,
AND RED BEANS,
SPLIT PEAS,
CARROT, RED BELL
PEPPER, CELERY,
CURRY POWDER,
GARLIC, AND BASIL



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↑ PEEL BACK CORNER FOR COOKING INSTRUCTIONS INSIDE!