



HAZELNUT FLOUR

Aromatic flour adds rich flavor to piecrusts, scones, cookies, and other pastries.

Approximately 2 1/2 cups.

3450

© NET WT 8 OZ (227g)

KING ARTHUR FLOUR | NORWICH, VERMONT 05055

kingarthurfour.com | 800.827.6836

Nutrition Facts

Serving Size about 3 Tbsp (16g)

Servings Per Container 14

Amount Per Serving

Calories 110 **Calories from Fat** 100

% Daily Value*

Total Fat 11g **17%**

Saturated Fat 1g **4%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 3g **1%**

Dietary Fiber 1g **5%**

Sugars less than 1g

Protein 2g

Vitamin A 0% • **Vitamin C** 0%

Calcium 4% • **Iron** 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300 mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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Looking for recipes using this product?

Visit the recipe archives at kingarthurfLOUR.com

Produced on equipment that also processes eggs, milk, soy, wheat, almonds, pecans, walnuts, and coconut.

Store cool and dry.

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INGREDIENTS: HAZELNUTS.

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