

**Nutrition Facts:** Serving size about 3 tablespoons (28g), Servings per container 8. Amount Per Serving: **Calories** 150, Calories from Fat 100, **Total Fat** 12g (18% DV), Saturated Fat 1.5g (8% DV), Trans Fat 0g, **Cholesterol** 0mg (0% DV), **Sodium** 10mg (0% DV), **Total Carbohydrate** 8g (3% DV), Dietary Fiber 6g (24% DV), Sugars less than 1g, **Protein** 5g, Vitamin A (0% DV), Vitamin C (2% DV), Calcium (10% DV), Iron (15% DV). Percent daily values (DV) are based on a 2,000-calorie diet.

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## INGREDIENTS

SESAME SEED, FLAX SEED,  
SUNFLOWER SEED, BLACK  
CARAWAY SEED, POPPY SEED,  
ANISE SEED.

store cool and dry



# ARTISAN BREAD TOPPING

BAKE YOUR BEST WITH OUR BEAUTIFULLY SEEDED TOPPING

inspired by a chewy, beautifully seeded loaf from one of our favorite bakeries. use on artisan breads, rolls, bread sticks, and bagels.



NET WT  
8 OZ (227g)

ITEM NO.  
3774

add beauty, flavor, and crunch to your bagels, breads, rolls, or breadsticks with this unique combination of seeds. add to dough while mixing and/or on top before baking.

Produced on equipment that also processes eggs, milk, soy, wheat, almonds, hazelnuts, pecans, walnuts, and coconut.



best if used by