

**Nutrition Facts** Serving Size 1 tablespoon (9g), Servings Per Container 7, Amount Per Serving: **Calories 46. Total Fat 4g (6% DV), Sodium 2mg (7% DV), Total Carbohydrate 3g (1% DV), Dietary Fiber 2g (10% DV), Sugars 0g, Protein 2g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (13% DV), Iron (5% DV).** Percent Daily Values (DV) are based on a 2,000 calorie diet.

Processed in a facility that also packages products containing eggs, milk, soy, wheat, almonds, pecans, walnuts, coconut, and peanuts.

# GOURMET POPPY SEEDS

NET WT 2.25 OZ (64g)



**ITEM NO.** 11316



**INGREDIENTS**

poppy seeds.

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