

ESSENTIAL.  
**GOODNESS**  
 CINNAMON SUGAR PUFF MUFFIN MIX



ESSENTIAL.  
**GOODNESS**

NO PRESERVATIVES. NO ARTIFICIAL COLORS OR FLAVORS. NO CORN SYRUP.

**CINNAMON SUGAR PUFF MUFFIN MIX**

Made with  
*Nutmeg  
 + Premium  
 Cinnamon*



UD NET WT 18 OZ (1 LB 2 OZ) 510g

OUR RECIPE FOR  
**CINNAMON SUGAR PUFF MUFFINS**

**YOU'LL NEED**

*Muffins*

1 Stick (8 tablespoons) butter, melted or 1/2 cup vegetable oil

3/4 Cup milk

2 Large eggs

*Topping*

1/2 Stick (4 tablespoons) butter, melted

**BAKES**

12  
*Muffins*

**BAKER'S HOTLINE WE'RE HERE TO HELP.**

Call or chat online with our friendly, experienced bakers. 855.371.BAKE (2253)  
[KingArthurFlour.com/contact](http://KingArthurFlour.com/contact)



THIS BOX CONTAINS  
 MUFFIN MIX & CINNAMON SUGAR.

1. *Preheat*

oven to 375°F. Lightly grease or line with muffin papers one standard or two mini muffin pans.

2. *Stir*

together muffin mix, butter or oil, milk, and eggs until well combined; scrape bowl as needed.

3. *Divide*

batter evenly between the muffin cups (each should be about half full).

4. *Bake*

standard muffins for 12-16 minutes (mini muffins for 8-10 minutes), or until muffin centers feel firm and a cake tester comes out clean.

5. *Cool*

for 15 minutes, then remove from pan.

6. *Place*

melted butter and cinnamon sugar in separate small, shallow bowls. Dip muffins in butter then roll in cinnamon sugar.



*Baker's Tip*

Turn your mix into snickerdoodles:  
[KingArthurFlour.com/essential\\_goodness](http://KingArthurFlour.com/essential_goodness)

COMPLIMENTS OF  
*The King Arthur Flour Kitchen*

**CINNAMON SUGAR PUFF MUFFIN MIX**

**GOODNESS IS THE ESSENTIAL INGREDIENT.**

Ingredients are at their best when they're pure and simple. So we stick to the basics, providing you with the best of everything you need along with the absence of everything you don't.  
 We're talking just the good stuff.  
 Enjoy.

BAKE FOR  
**GOOD**

**BUY A MIX & GIVE A MEAL**

Together let's help solve hunger. For each King Arthur Flour Essential Goodness Mix purchased, we'll donate the cost for Feeding America to supply 1 meal\* through its network of local food banks. To learn more, visit [KingArthurFlour.com/bakeforgood](http://KingArthurFlour.com/bakeforgood)

100% EMPLOYEE OWNED.  
 100% COMMITTED TO QUALITY.



ALL INGREDIENTS IN THIS MIX ARE NON-GMO FROM THE SOURCE. Learn more at: [KingArthurFlour.com/non-gmo](http://KingArthurFlour.com/non-gmo)



Corporation  
 bcorporation.net

We're committed to using the power of business as a force for social and environmental good.

\*\$0.11 helps provide 1 meal secured by Feeding America® on behalf of member food banks. King Arthur Flour guarantees a minimum of 1 million meals (monetary equivalent of \$110,000) by 6/30/2017.



Best if baked by:



**Nutrition Facts**

Serving Size 1/12 of a package (42g)  
 Servings Per Container 12

Amount Per Serving	Mix	Prepared
<b>Calories</b>	160	280
Calories from Fat	5	110
% Daily Value**		
<b>Total Fat</b> 0g*	0%	20%
Saturated Fat 0g	0%	40%
Trans Fat 0g		
<b>Cholesterol</b> 0mg	0%	22%
<b>Sodium</b> 250mg	10%	11%
<b>Total Carbohydrate</b> 36g	12%	12%
Dietary Fiber 1g	4%	4%
Sugars 21g		
<b>Protein</b> 2g		
Vitamin A	0%	8%
Vitamin C	0%	0%
Calcium	2%	6%
Iron	6%	6%
Thiamin	8%	8%
Riboflavin	4%	8%
Niacin	4%	4%
Folic Acid	6%	8%

\*Amount in mix. Prepared contributes an additional 120 Calories (110 Calories from Fat), 13g Total Fat (8g Saturated Fat), 65mg Cholesterol, 20mg Sodium, 1g Total Carbohydrate (1g Sugars), 2g Protein.  
 \*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: MIX: KING ARTHUR UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANE SUGAR, ORGANIC SWEET CREAM BUTTERMILK SOLIDS, WHEAT STARCH, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORNSTARCH, MONOCALCIUM PHOSPHATE), NATURAL FLAVORS, SALT, NUTMEG, VIETNAMESE CINNAMON. TOPPING: CANE SUGAR, BAKER'S CINNAMON. CONTAINS: MILK, WHEAT.

DISTRIBUTED BY  
 KING ARTHUR FLOUR  
 NORWICH, VERMONT 05055  
 800 827 6836 | [kingarthurfLOUR.com](http://kingarthurfLOUR.com)

Do not eat raw mix, dough, or batter.

Produced on equipment that also processes eggs, soy, almonds, hazelnuts, pecans, walnuts, and coconut.

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