

ESSENTIAL
GOODNESS

MALTED MILK CHOCOLATE
CUPCAKE + FROSTING MIX



ESSENTIAL

GOODNESS

NO PRESERVATIVES. NO ARTIFICIAL
COLORS OR FLAVORS. NO CORN SYRUP.

**MALTED MILK
CHOCOLATE
CUPCAKE +
FROSTING MIX**

*Made with a Rich Blend of
Dutch-Process Cocons*



UD NET WT 12 OZ (340g)
Includes frosting mix

Nutrition Facts

Serving Size 1/6 of a package (57g)
Servings Per Container 6

Amount Per Serving	Mix	Prepared
Calories	220	370
Calories from Fat	10	160

	% Daily Value**	
Total Fat 1.5g*	2%	28%
Saturated Fat 1g	5%	55%
Trans Fat 0g		
Cholesterol 0mg	0%	23%
Sodium 260mg	11%	12%
Total Carbohydrate 50g	17%	17%
Dietary Fiber 2g	8%	8%
Sugars 37g		
Protein 3g		

Vitamin A	0%	10%
Vitamin C	0%	0%
Calcium	2%	4%
Iron	10%	15%
Thiamin	4%	6%
Riboflavin	4%	8%
Niacin	2%	4%
Folic Acid	4%	6%

*Amount in Mix. Prepared contributes an additional 150 Calories (150 Calories from Fat), 17g Total Fat (10g Saturated Fat, 0.5g Trans Fat), 70mg Cholesterol, 20mg Sodium, 1g Total Carbohydrate (1g Sugars), 1g Protein.
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: CUPCAKE MIX: CANE SUGAR, KING ARTHUR UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DUTCH COCOA (PROCESSED WITH ALKALI), WHEAT STARCH, MALT EXTRACT, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORNSTARCH, MONOCALCIUM PHOSPHATE), SALT, ORGANIC SKIM MILK SOLIDS, BAKING SODA. FROSTING: CONFECTIONERS SUGAR (SUGAR, CORNSTARCH), MALT EXTRACT, COCOA PROCESSED WITH ALKALI, ORGANIC SKIM MILK SOLIDS, NATURAL VANILLA FLAVOR, SALT. CONTAINS: MILK, WHEAT.

DISTRIBUTED BY
KING ARTHUR FLOUR
NORWICH, VERMONT 05055
800 827 6836 | KingArthurFlour.com

DO NOT EAT RAW MIX, DOUGH, OR BATTER.

Produced on equipment that also processes eggs, soy, almonds, hazelnuts, pecans, walnuts, and coconut.

204342RH02B

OUR RECIPE FOR
MALTED MILK CHOCOLATE CUPCAKES

YOU'LL NEED

Cupcakes

1/2 Stick (4 tablespoons)
butter, melted

1 Large egg

1/4 Cup milk

Frosting

1/2 Stick (4 tablespoons)
butter, softened

2 teaspoons milk

BAKES

6 Cupcakes

**BAKER'S HOTLINE
WE'RE HERE TO HELP.**

Call or chat online with our
friendly, experienced bakers.
855.371.BAKE (2253)

KingArthurFlour.com/contact

THIS BOX CONTAINS CUPCAKE MIX AND
FROSTING MIX FOR 6 CUPCAKES.

1. Preheat

oven to 350°F. Line cupcake
pan with six paper liners.

2. Blend

cupcake mix and melted butter
together until evenly crumbly.
Stir in egg until combined;
scrape bowl as needed.

3. Add

half of the milk, mix until
combined, scrape bowl and
add remaining milk, mixing
until batter is smooth.

4. Scoop

about 1/4 cupful of batter into
cupcake papers, filling each
cup about 3/4 full.

5. Bake

for 18-22 minutes, or until
centers feel firm, and spring
back when lightly touched.

6. Cool

for 10 minutes, then remove
from pan. Allow cupcakes
to cool completely before
frosting.

7. Mix

softened butter and frosting
mix until combined. Add
2 teaspoons milk and mix until
frosting is blended and fluffy.
If frosting appears too stiff,
add 1 additional teaspoon milk.
Frost cupcakes and enjoy!



Baker's Tip

Turn your mix into mini or filled cupcakes:
KingArthurFlour.com/essential_goodness

COMPLIMENTS OF
The King Arthur Flour Kitchen

**MALTED MILK CHOCOLATE
CUPCAKE + FROSTING MIX**

**GOODNESS IS
THE ESSENTIAL INGREDIENT.**

Ingredients are at their best when they're
pure and simple. So we stick to the basics,
providing you with the best of everything
you need along with the absence of
everything you don't.

We're talking just the good stuff.
Enjoy.

BAKE FOR
GOOD

BUY A MIX & GIVE A MEAL

Together let's help solve hunger.
For each King Arthur Flour Essential
Goodness Mix purchased, we'll donate
the cost for Feeding America to supply
1 meal* through its network of local
food banks. To learn more, visit
KingArthurFlour.com/bakeforgood

100% EMPLOYEE-OWNED.
100% COMMITTED TO QUALITY.



ALL INGREDIENTS IN THIS MIX ARE
NON-GMO FROM THE SOURCE.
Learn more at: KingArthurFlour.com/non-gmo



Corporation
Inc.

We're committed to using the power
of business as a force for social and
environmental good.

*\$0.11 helps provide 1 meal secured by Feeding
America® on behalf of member food banks. King
Arthur Flour guarantees a minimum of 1 million meals
(monetary equivalent of \$110,000) by 6/30/2017.



Best if baked by:



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