



FRUITCAKE FRUIT BLEND

A delicious combination of pineapple, raisins, currants, cranberries, dates, and a bit of confectioners' sugar.

Perfect in any fruitcake recipe.

Add to bread dough or your own granola.

Delightful in muffins, quickbreads, and cookies, too.

101218

© NET WT 20 OZ (1 LB 4 OZ) 567g

KING ARTHUR FLOUR | NORWICH, VERMONT 05055

kingarthurfLOUR.com | 800.827.6836

FRUITCAKE FRUIT BLEND

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Nutrition Facts

Serving Size 1/3 cup (40g)

Servings Per Container 14

Amount Per Serving

Calories 130 **Calories from Fat** 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 40mg **2%**

Total Carbohydrate 33g **11%**

Dietary Fiber 2g **8%**

Sugars 27g

Protein 1g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

INGREDIENTS: GOLDEN RAISINS (RAISINS, SULFUR DIOXIDE), PINEAPPLE (PINEAPPLE, SUGAR, CITRIC ACID, SULFUR DIOXIDE), CURRANTS, CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL), DATES (DATES, DEXTROSE), CONFECTIONERS' SUGAR (SUGAR, CORNSTARCH).

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Store cool and dry. 101218B02C

Produced on equipment that also processes
eggs, milk, soy, wheat, almonds, hazelnuts,
pecans, walnuts, and coconut.

