

GLUTEN FREE

PUMPKIN BREAD MIX

OUR RECIPE FOR

GLUTEN-FREE PUMPKIN BREAD

YOU'LL NEED

- 1/4 cup vegetable oil
- 3 large eggs
- 2/3 cup milk
- 1 cup chips or nuts (optional)

BAKES

1 LOAF OR 12 MUFFINS

The best flavors of fall in one comforting slice. Real pumpkin with a blend of clove, ginger, cinnamon and nutmeg pair deliciously in this tender-crumbed, moist loaf.

TO MAKE NON-DAIRY: USE RICE, SOY, OR ALMOND MILK.

- 1 • PREHEAT** oven to 350°F. Grease a 8 1/2" x 4 1/2" loaf pan or 12 cups of a muffin pan.
- 2 • STIR** all ingredients together in a bowl until combined. Add nuts or chips, if desired.
- 3 • SCOOP** into pan. Allow batter to rest for 10 minutes before baking.
- 4 • BAKE** bread for 45-50 minutes (muffins for 18-22 minutes). Internal temperature should be 205°F or above to be sure bread is baked.
- 5 • COOL** for 10 minutes (5 minutes for muffins) before removing from pan. Cool completely on rack before slicing.

BAKERS TIP:

For spicy pumpkin bread: Stir 1/4 cup diced candied ginger into batter. Sprinkle top with cinnamon sugar, bake as directed above.

COMPLIMENTS OF
The King Arthur Flour Kitchen

NO COMPROMISES:

Our mixes are carefully crafted in our test kitchen through meticulous taste-testing (it's a tough job, but we're up to the challenge!) and blending to replicate our favorite recipes. The result? Wholesome mixes that make the finest gluten-free baked goods around. Simple ingredients, reliable results, and deliciousness for everyone to enjoy!

TRY ALL
KING ARTHUR FLOUR
GLUTEN-FREE
BAKING PRODUCTS.

KingArthurFlour.com/glutenfree

BAKER'S HOTLINE. WE'RE HERE TO HELP.

Call or chat online with our friendly, experienced bakers.
855.371.BAKE (2253)

KingArthurFlour.com/contact

100% EMPLOYEE-OWNED.
100% COMMITTED TO QUALITY.

ALL INGREDIENTS IN THIS MIX ARE
NON-GMO FROM THE SOURCE.
Learn more at:
KingArthurFlour.com/non-gmo

B We're committed to using the power of business as a force for social and environmental good.



EASY TO PREPARE

GLUTEN FREE PUMPKIN BREAD MIX

MADE WITH REAL PUMPKIN & SPICES

FORTIFIED WITH:
IRON • CALCIUM • VITAMIN B

A GOOD SOURCE OF FIBER*



NET WT 12 OZ (340g)



*See Nutrition Information for fat content.

Nutrition Facts

Serving Size 1/3 cup mix (38g)
Servings Per Container 9

Amount Per Serving	Mix	Prepared
Calories	130	220
Calories from Fat	10	80
	% Daily Value**	
Total Fat 1g*	2%	14%
Saturated Fat 0g	0%	5%
Trans Fat 0g		
Cholesterol 0mg	0%	22%
Sodium 350mg	15%	16%
Total Carbohydrate 31g	10%	11%
Dietary Fiber 4g	16%	16%
Sugars 17g		

Protein 1g		
Vitamin A	2%	4%
Vitamin C	2%	2%
Calcium	8%	10%
Iron	10%	15%
Thiamin	15%	20%
Riboflavin	8%	15%
Niacin	10%	10%

*Amount in Mix. Prepared contributes an additional 90 Calories (70 Calories from Fat), 8 g Total Fat (1 g Saturated Fat), 65 mg Cholesterol, 30 mg Sodium, 1 g Total Carbohydrate (1 g Sugars), 3 g Protein.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: CANE SUGAR, WHOLE GRAIN BROWN RICE FLOUR, PUMPKIN FLAKES, WHOLE GRAIN OAT FLOUR, POTATO STARCH, CELLULOSE, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORNSTARCH, MONOCALCIUM PHOSPHATE), MOLASSES (MOLASSES, MALTODEXTRIN), SALT, SPICES, XANTHAN GUM, VITAMIN AND MINERAL BLEND (CALCIUM CARBONATE, NIACINAMIDE (VITAMIN B3), REDUCED IRON, THIAMIN HYDROCHLORIDE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2)), BAKING SODA.

DISTRIBUTED BY
THE KING ARTHUR FLOUR COMPANY, INC.
Norwich, Vermont 05055
800.827.6836 | kingarthurfLOUR.com

Do not eat raw mix, dough, or batter.

Produced in a GFCO-certified gluten-free facility.

200751G201A_RH



BEST IF BAKED BY:



Printed on 100% recycled (35% post-consumer) content. Please recycle.