

Nutrition Facts: Serving size 1 teaspoon (4g), Servings per container 57. Amount Per Serving: **Calories** 20, Calories from Fat 10, **Total Fat** 1g (2% DV), **Sodium** 160mg (7% DV), **Total Carbohydrate** 1g (0% DV), Dietary Fiber 1g (2% DV), **Protein** 1g. Not a significant source of saturated fat, trans fat, cholesterol, sugar, vitamin A, vitamin C, calcium and iron. Percent daily values (DV) are based on a 2,000-calorie diet.

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INGREDIENTS
SESAME SEEDS, POPPY SEEDS,
ONION, GARLIC, SALT.

store cool and dry



EVERYTHING BAGEL TOPPING

THE PERFECT TRADITIONAL BREAD & BAGEL TOPPING



NET WT
8 OZ (227g)

ITEM NO.
200024

scatter over your oven-ready dough. great
for bagels, bread and salt sticks.

Produced on equipment that also processes eggs,
milk, soy, wheat, almonds, hazelnuts, pecans,
walnuts, and coconut.



best if used by