



MUFFIN MIX

OUR SIGNATURE RECIPE FOR PUMPKIN SPICE MUFFINS

Delicious homemade muffins are easy with our signature mix. Our pumpkin spice muffin recipe is full of warm, aromatic fall spices. Simple to make and already measured for you, all you have to do is mix, bake, and enjoy warm muffins at home!



YOU'LL NEED

- 1/3 cup vegetable oil
- 3 large eggs
- 1 cup water

- 1 • PREHEAT** oven to 375°F.
- 2 • WHISK** together oil, eggs, and water. Add mix, stirring until well combined.
- 3 • FILL** 12 greased or paper-lined muffin cups almost full.
- 4 • BAKE** for 20-22 minutes, until cake tester inserted in center of muffin comes out clean.
- 5 • COOL** 5 minutes before removing from pan.

BAKES 12 MUFFINS OR 1 LOAF

QUICK BREAD

Preheat oven to 350°F. Mix as directed above. Spoon batter into greased 9" x 5" loaf pan. Bake for 50-60 minutes, until cake tester inserted in center comes out clean. Cool 10 minutes before removing from pan.

BAKER'S TIP:

Stir 1 cup chocolate chips or nuts, or 1/2 cup crystallized ginger, into your batter. Bakes 14-16 muffins.

COMPLIMENTS OF

The King Arthur Flour Kitchen

OUR SIGNATURE RECIPE FOR

PUMPKIN SPICE MUFFIN MIX

Baking is about making something special, and trusting that it'll turn out every time. That's why we craft our mixes using tried-and-true, favorite recipes that we've perfected over the years — it's what makes our mixes so good.

We're bakers, too! Our 100% employee-owned company has been an expert resource for bakers everywhere for over 225 years. We're all about making your kitchens better and happier with top-quality baking essentials.

BAKER'S HOTLINE. WE'RE HERE TO HELP.

Call or chat online with our friendly, experienced bakers.
855.371.BAKE (2253)
KingArthurFlour.com/contact

100% EMPLOYEE-OWNED. 100% COMMITTED TO QUALITY.



We're committed to using the power of business as a force for social and environmental good.



OUR SIGNATURE RECIPES

MUFFIN MIX

Fast and easy! Classic pumpkin spice muffins are tender and full of favorite fall flavors in every bite.

MADE WITH PREMIUM SPICES



NET WT 22 OZ (1 LB 6 OZ) 624g

Nutrition Facts

Serving Size about 1/3 cup mix (52g)
Servings Per Container 12

Amount Per Serving	Mix Prepared	
Calories	190	260
Calories from Fat	5	70
	% Daily Value**	
Total Fat 0g*	0%	12%
Saturated Fat 0g	0%	8%
Trans Fat 0g		
Cholesterol 0mg	0%	15%
Sodium 310mg	13%	14%
Total Carbohydrate 44g	15%	15%
Dietary Fiber 1g	4%	4%
Sugars 22g		
Protein 3g		
Vitamin A	15%	15%
Vitamin C	2%	2%
Calcium	10%	10%
Iron	15%	15%
Thiamin	10%	10%
Riboflavin	6%	10%
Niacin	6%	6%
Folic Acid	8%	10%

*Amount in Mix. Prepared contributes an additional 70 Calories (70 Calories from Fat), 8 g Total Fat (1.5 g Saturated Fat), 45 mg Cholesterol, 20 mg Sodium, 1 g Protein.
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: King Arthur Unbleached Enriched Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), Brown Sugar, Cane Sugar, Pumpkin Flakes, Molasses (molasses, maltodextrin), Baking Powder (baking soda, monocalcium phosphate, cornstarch), Spices, Sea Salt, Natural Flavor.
CONTAINS: Wheat.

THE KING ARTHUR FLOUR COMPANY, INC.
NORWICH, VERMONT 05055
800 827 6836 | KingArthurFlour.com

DO NOT EAT RAW MIX, DOUGH, OR BATTER.

Produced on equipment that also processes eggs, milk, soy, almonds, hazelnuts, pecans, walnuts, and coconut.

100311M403E

BEST IF BAKED BY:



Printed on 100% recycled (35% post-consumer) content. Please recycle.