

# Nutrition Facts

Serving Size 1/12 of package (69g)

Servings Per Container 12

Amount Per Serving	Mix	Prepared
<b>Calories</b>	280	330
Calories from Fat	40	80
	% Daily Value**	
<b>Total Fat</b> 4.5g*	<b>7%</b>	<b>14%</b>
Saturated Fat 2.5g	<b>13%</b>	<b>25%</b>
Trans Fat 0g		
<b>Cholesterol</b> 0mg	<b>0%</b>	<b>13%</b>
<b>Sodium</b> 300mg	<b>13%</b>	<b>13%</b>
<b>Total Carbohydrate</b> 56g	<b>19%</b>	<b>19%</b>
Dietary Fiber 2g	<b>8%</b>	<b>8%</b>
Sugars 43g		
<b>Protein</b> 3g		
Vitamin A	0%	4%
Vitamin C	0%	0%
Calcium	2%	6%
Iron	10%	15%
Thiamin	6%	6%
Riboflavin	4%	8%
Niacin	4%	4%
Folic Acid	4%	6%

\*Amount in Mix . Prepared contributes an additional 50 Calories (40 Calories from Fat), 4.5 g Total Fat (2.5 g Saturated Fat), 40 mg Cholesterol, 20 mg Sodium, 1 g Total Carbohydrate, 2 g Protein.

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

## BAKING BOX S'MORES CUPCAKE MIX NET WT 29 OZ (1 LB 13 OZ) 822g

INGREDIENTS: Cane Sugar, Confectioners' Sugar (Cane Sugar, Cornstarch), Bittersweet Chocolate [Cocoa Mass, Sugar, Cocoa Butter, Cocoa (Processed With Alkali), Soy Lecithin (Emulsifier), Natural Vanilla], King Arthur Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Brown Sugar, Whole Wheat Pastry Flour, Wheat Starch, Egg Whites, Natural Vanilla Flavor, Baking Powder (Cornstarch, Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Sea Salt, Xanthan Gum.

CONTAINS: WHEAT, EGGS, SOY.

**DO NOT EAT RAW MIX,  
DOUGH, OR BATTER.**

Produced on equipment that also processes, milk, almonds, hazelnuts, pecans, walnuts, and coconut.

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